

Instruction Manual

说明书手册

数码音频播放器
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NW-ZX100/ZX100HN

English

About the manuals

1. Instruction Manual (this manual)

2.  (Startup Guide)

The Startup Guide describes the following:

- Basic operating instructions of your WALKMAN®
- How to access the “Help Guide”, which contains all of the operating instructions and explanations of customer support websites, etc.
- How to access useful PC applications websites on the internet

While browsing is free, you may be charged a communication fee according to your carrier contract.

Depending on the country/region in which you have purchased your Walkman, some models may not be available.


Notes for using Walkman**Note for battery**

- To prevent battery deterioration, charge the battery at least once every six months or every year.


Bluetooth capabilities

You can listen to music stored on your Walkman from Bluetooth audio devices such as headphones or speakers.


Pairing (first time the device is used)

1. Set the Bluetooth audio device to pairing mode. (Refer to the device's instruction manual.)
2. From the Home menu of your Walkman, select  [Bluetooth] - [Add Device (Pairing)] - the Bluetooth audio device to pair with. After pairing is completed, the Bluetooth connection is made automatically.


Connecting (subsequent uses)

1. Turn on the paired Bluetooth audio device and set it to standby.
2. From the Home menu of your Walkman, select  [Bluetooth] - [Connect to Audio Device] - the paired Bluetooth audio device to connect with.

Disconnecting

From the Home menu of your Walkman, select  [Bluetooth] - [Disconnect Audio Device].

Turning On/Off the NFC function

From the Home menu of your Walkman, select  [Settings] - [Common Settings] - [NFC Settings] - [On] or [Off].

Symptom & Remedy

Your Walkman cannot charge the battery or is not recognized on your computer.

- The USB cable (supplied) is not connected to a USB connector on your computer properly. Disconnect the USB cable, and then reconnect it.
- When you use your Walkman for the first time, or if you have not used the Walkman for a long time, it may take a few minutes to be recognized by the computer. Check that the computer recognizes the Walkman after you have connected it to the computer for about 10 minutes.

The computer does not recognize a microSD card inserted in your Walkman.

- After inserting a microSD card into your Walkman, connect it to your computer and switch the storage by following the instructions displayed on the Walkman.

Compliance & Information**Information on laws and trademarks**

For information on laws, regulations and trademark rights, refer to “Important Information” contained in the supplied software. To read it, install the supplied software on your computer.

To install it, open [WALKMAN] in your Walkman's system storage after connecting to your computer.

Windows user: [FOR_WINDOWS] - [Help_Guide_Installer(.exe)]

Mac user: [FOR_MAC] - [Help_Guide_Installer_for_mac]

After installing the software, double-click the shortcut or the alias icon generated on your desktop.

About the in-ear headphones

The earbuds seal your ears. Therefore, be aware that there is a risk of damage to your ears or eardrums if strong pressure is applied to the earbuds or the earbuds are suddenly removed from your ears. After use, be sure to take the earbuds off your ears gently.

About the headphones


- Avoid playing the unit at so loud a volume that extended play might affect your hearing.
- At a high volume outside sounds may become inaudible. Avoid listening to the unit in situations where hearing must not be impaired, for example, while driving or cycling.
- As the headphones are of open-air design, sounds go out through the headphones. Remember not to disturb those close to you.

Design and specifications are subject to change without notice.

简体中文

使用产品前请仔细阅读本使用说明书，并请妥善保管

关于手册

1. 说明书手册（本手册）
2. （入门指南）

入门指南描述下列内容：

- 您的WALKMAN®的基本使用说明
- 如何访问“帮助指南”（该指南包括所有使用说明书和客户支持网站的解释等）
- 如何访问互联网上有用的电脑应用程序网站

虽然浏览是免费的，但根据您的运营商合同，您可能会被收取通信费。

视您购买Walkman的国家/地区而定，可能不提供某些型号。

关于使用Walkman的说明


关于电池的说明

- 为防止电池性能降低，请每六个月或每年对电池至少充电一次。

Bluetooth功能


可以从耳机或扬声器等Bluetooth音频设备聆听存储在Walkman上的音乐。

配对（首次使用设备时）


1. 将Bluetooth音频设备设置为配对模式。（请参阅设备的使用说明书。）
2. 从Walkman主菜单上，选择  [Bluetooth] - [添加设备（配对）] - 要配对的Bluetooth音频设备。

配对完成后，将自动建立Bluetooth连接。


连接（后续使用时）

1. 打开已配对的Bluetooth音频设备并将其设置为待机状态。
2. 从Walkman主菜单上，选择  [Bluetooth] - [连接到音频设备] - 要连接的已配对Bluetooth音频设备。

断开连接

从Walkman主菜单上，选择  [Bluetooth] - [断开连接音频设备]。

打开/关闭NFC功能

从Walkman主菜单上，选择  [设定] - [一般设定] - [NFC 设定] - [开启] 或 [关闭]。

症状和纠正方法

Walkman无法对电池充电或被电脑识别。

- USB连接线（提供）未正确连接到电脑的USB接口。断开USB连接线，然后再重新连接。
 - 首次使用Walkman时，或者长时间未使用Walkman时，可能需要几分钟才能被电脑识别。查看Walkman与电脑相连约10分钟后能否被电脑识别。
- 电脑不识别Walkman中插入的microSD卡。
- 将microSD卡插入Walkman后，将其连接到电脑，并按照Walkman上显示的说明切换存储设备。

合规性和信息

有关法律和商标的信息

有关法律、法规和商标权的信息，请参阅随附软件中包含的“重要信息”。若要阅读该信息，请在电脑上安装随附软件。

若要安装该软件，请将Walkman连接到电脑，然后打开Walkman系统存储器中的[WALKMAN]。

Windows用户：[FOR_WINDOWS] - [Help_Guide_Installer(.exe)]

Mac用户：[FOR_MAC] - [Help_Guide_Installer_for_mac]

安装该软件后，双击桌面上的快捷方式或生成的别名图标。

关于入耳式耳机

耳塞会堵住双耳。因此，请注意，如果对耳塞施加较强压力或从耳朵中猛然取出耳塞，则存在损伤耳朵或耳膜的风险。使用后，请务必从耳朵中轻轻取出耳塞。

关于耳机

- 避免以高音量播放设备，否则长时间播放可能会影响听力。
- 室外使用高音量可能会听不见周围声音。在不得影响听力的情况下，如开车或骑车时，请勿收听设备。
- 由于耳机是设计成可在户外使用的，声音会透过耳机传到外面来。请注意不要打扰周围的人。

请勿将电池（安装的电池组或多个电池）长时间暴露在直射阳光、火焰或类似的过热热源附近。

额定电流800mA

锂电池用户不可自行更换，如电池损坏需要更换，请联系专业人员。

也可以连接适用本型号的Sony USB充电交流电源适配器（另购）对电池进行充电。

无线功能

频率范围：2400 - 2483.5 MHz

13.56 MHz

发射功率：≤ 20 dBm (EIRP) [2400 - 2483.5 MHz]

≤ 42 dBμA/m (10米处场强，准峰值) [13.56 MHz]

不得擅自更改发射频率、加大发射功率（包括额外加装射频功率放大器），不得擅自外接天线或改用其它发射天线。

使用时不得对各种合法的无线电业务产生有害干扰。一旦发现有关干扰现象时，应立即停止使用，并采取消除措施后方可继续使用。

使用微功率无线电设备，必须忍受各种无线电业务的干扰或工业、科学及医疗应用设备的辐射干扰。不得在飞机和机场附近使用。

设计和规格如有变更，恕不另行通知。

中国大陆地区的用户

制造商：索尼公司

总经销商：索尼（中国）有限公司

地址：北京市朝阳区太阳宫中路12号楼冠城大厦701

原产地：马来西亚